

## Mending the Sisterhood Ending Women s Bullying (Paperback)



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***(Leonie Collins)***

## MENDING THE SISTERHOOD ENDING WOMEN S BULLYING (PAPERBACK)

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Cliffrose Communications, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Mending the Sisterhood Ending Women s Bullying is an eye-opening, game-changing look at where, why, and how women are bullying, blocking, and shunning other women, from conference rooms to cul-de-sacs. Most importantly, author Susan Skog issues a positive call-to-action for all women to lift one another up, not tear each other down. Trained as a journalist, Skog shines a light on executives, attorneys, political leaders, actresses, nurses, moms groups, bloggers, and Millennial women--all using their voices and choices to empower women around them and end women s wars. Based on extensive research and interviews with more than 35 women, including top psychologists, executive coaches, and counselors, Skog also offers powerful strategies and steps to help women everywhere say, Enough! to mean-girl ways and, Yes! to being magnificent women. Mending the Sisterhood Ending Women s Bullying shows how to: Break the silence around women vs. women bullying; Speak up clearly if you re being bullied or harassed; Create zero tolerance for bullying, gossiping, and shunning in and out of the workplace; Better understand the roots of women s conflicts; Launch programs that lift women up, not tear them down; Ease judgments, competition, and jealousy; Cheer, applaud, and empower other women. ABOUT THE AUTHOR: Trained as a journalist, Susan Skog is an author, writer, and advocate for developing-world women and girls. Susan s first book, Embracing Our Essence: Spiritual Conversations with Prominent Women, helped spark the women s spirituality movement across the country. Susan s written for AARP, Science, Family Circle, Utne Reader, Prevention, Huffington Post, A Path Appears, and other magazines and blogs. Her books have been featured by Forbes, Associated Press, Newsday, Woman s Day, Publisher s...

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