



Me, Me, Me - An Inside Look Into the Fragile Heart of a Self Absorbed Mother (Paperback)

By Linda Mather

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Self absorbed mothers have been part of our society for millions of years. It has enabled writers to pen fairy tales such as Snow white and Cinderella. They are usually portrayed as evil step mothers rather than biological mothers, although biological mothers are just as capable (either in awareness or totally outside their conscious awareness) of abusing and manipulating the minds and hearts of their offspring. As therapists we are well aware of the self absorbed or narcissistic mother and the impact they have on their children s lives which predominantly come out in adulthood. They fill our therapy rooms and keep us in business. Without a doubt they will access therapy at some point in their life usually after several failed relationships or when suffering with anxiety or depression or both. As their story unfolds we learn about the hidden and often covert abuse they have experienced at the hands and minds of the one person, the first person they have learned to trust, the person who gave birth to them and were supposed to nurture and...



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