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## The Inner and Outer Paths of Mt. Kailash: Pilgrimage to the Abode of Chakrasamvara

By Wolfgang Wollmer

Vajra Books, 2014. Soft cover. Book Condition: New. Dust Jacket Condition: New. 1st Edition. Contents: 1. Mt. Kailash, the holiest of mountains. 2. Preparation for a Mt. Kailash Pilgrimage. 3. The Kora of the Great Lakes and Holy Mt. Kailash. 4. The Barkor, the Middle Kora. 5. The Takor, the Outer Kora. 6. Inner Kora paths and the Nangkor concept. 7. The iconographic landscape. 8. References, Appendices and Glossary. Mt. Kailash in the far west of Tibet is one of the holiest mountains in the world, worshipped by Hindus, Buddhists, Jains and Bonpo. During the last two decades, Westerners too have set out for this remote region. Due to the improved infrastructure their numbers, and those of Indian pilgrims, have increased massively. Aside from Mt. Kailash, there are other goals for pilgrims and tourists: Lake Manasarovar, Tirthapuri and the historical Guge kingdom, and the sources of the four major rivers Brahmaputra, Karnali, Sutlej and Indus. After several Mt. Kailash pilgrimages in the years 2002 - 2013, the author describes the whole region in detail and the recent trend to develop it as a center of tourism, supported by the improved accessibility on paved roads. In Tibet pilgrims perform the Kora,...



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