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Beaver Hill Press. Paperback / softback. Book Condition: new. BRAND NEW, Oasis en la Adversidad: Estrategias de 60 Segundos Para Alcanzar el Equilibrio en un Mundo Agitado, Millie Grenough, Caroline Jane Cooke, Stressed? You're not alone. Doctors say that stress is at an all-time high in our 24/7 days. Did you know that stress 1) contributes to 80% of major illnesses, 2) is a factor in 75% to 90% of visits to doctors' office, and 3) costs businesses as much...

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- Authored by Millie Grenough, Caroline Jane Cooke
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