



## Negotiating the Therapeutic Alliance: A Relational Treatment Guide

By Jeremy D. Safran, J. Christopher Muran

Guilford Publications. Paperback. Book Condition: new. BRAND NEW, Negotiating the Therapeutic Alliance: A Relational Treatment Guide, Jeremy D. Safran, J. Christopher Muran, A half-century of psychotherapy research has shown that the quality of the therapeutic alliance is the most robust predictor of treatment success. This unique book provides a systematic framework for negotiating ruptures and strains in the therapeutic alliance and transforming them into therapeutic breakthroughs. Cutting-edge developments in psychoanalysis and other modalities are synthesized with original research and clinical wisdom gleaned from years of work in the field. The result is a practical and highly sophisticated guide that spells out clear principles of intervention while at the same time inspiring therapists toward greater creativity.

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