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HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, Bernadette Bohan's The Choice, The Programme: The Simple Health Plan That Saved Bernadette's Life - and Could Help Save Yours Too, Bernadette Bohan, Inspirational cancer survivor and seminar speaker, Bernadette Bohan, whose memoir, The Choice, was a Top 5 bestseller in Ireland, introduces her long-awaited recipe book and 4-point plan to help you turn around your health and fight disease the natural way. Bernadette Bohan, an ordinary wife and mother, decided to...

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