

## **Migraine and Other Headaches: An American Academy of Neurology Press Quality of Life Guide (Paperback)**



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### **Reviews**

*It is an incredible book which i actually have ever go through. it had been writtern extremely completely and helpful. You can expect to like the way the blogger publish this book.*  
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Demos Medical Publishing, United States, 2004. Paperback. Book Condition: New. 224 x 152 mm. Language: English . Brand New Book. Headache is the most common complaint for which people see Neurologists and the seventh most common reason they visit their primary care Doctors. It is the third most common cause of missed work and can seriously undermine the quality of life if not effectively managed. Migraine and Other Headaches is the essential guide for everyone who suffers from headaches and will provide the information needed to obtain effective medical care and long-term relief. Different types of Headache are thoroughly explained in easy to understand language, beginning with migraine, the most common severe headache, which occurs in approximately 12 percent of the U.S. population. The authors discuss the different types of Migraine: Migraine without aura (previously called common migraine), Migraine with aura and Basilar Migraine. Emphasis is placed on the necessity of early treatment, the importance of understanding the difference between a Headache cause and a Headache trigger and how to avoid common triggers. Rebound Headache, caused by the overuse of acute medication, is a topic of special significance and is discussed in detail. The book also considers Tension-Type Headache, the most common primary Headache disorder - 80 percent of us will have a tension-type Headache at some time in our lives, Cluster Headache, Unusual Headaches, non-Headache illnesses that frequently accompany Headache, Sinus Headache, disorders of the neck, Post-Traumatic Headache, and Atypical Facial Pain and Trigeminal Neuralgia. Treatment options for all types of Headache are thoroughly discussed, including the treatment of Migraine with medications that can be taken daily to help prevent Headache, stop Headache pain once it has begun and prevent worsening of Headaches. Responses to medication - both prescription and nonprescription - are highly individualised, and the Physician will...

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