



Integrative Women's Health (2nd Revised edition)

By Victoria Maizes, Tieraona Low Dog

Oxford University Press Inc. Paperback. Book Condition: new. BRAND NEW, Integrative Women's Health (2nd Revised edition), Victoria Maizes, Tieraona Low Dog, Integrative Women's Health remains the only in-depth, broad-based reference on integrative women's health written for health professionals. It helps providers address not only women's reproductive health, but also conditions that manifest differently in women than in men, including cardiovascular disease, arthritis, HIV, depression, and cancer. The text presents the best evidence, in a clinically relevant manner, for the safe and effective use of herbs, vitamins, diet, and mind-body strategies alongside conventional medical treatments. As leading educators in integrative medicine, editors Dr. Maizes and Dr. Low Dog demonstrate how clinicians can implement their recommendations in practice, going beyond practical care to examine how to motivate patients, enhance a health history, and understand the spiritual dimensions of healing. In managing the patient, alternative therapies are never seen as substitutes for mainstream medical care, but always "integrated" into the overall regimen, and always subjected to the best available evidence. New to this second edition are chapters on environmental medicine and women's reproduction, thyroid health, and lesbian health.



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Reviews

Unquestionably, this is the best work by any author. Better then never, though i am quite late in start reading this one. I realized this publication from my dad and i advised this pdf to find out.

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A superior quality book along with the font employed was exciting to see. It is one of the most amazing book i have got read through. You wont really feel monotony at anytime of the time (that's what catalogs are for about in the event you ask me).

-- **Santina Sanford**